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PARADISE POST CONVERTS TO COMPUTER TO PLATE.

Paradise, California, March 23, 2009—Paradise Post Printing, a division of the Media News Group, has contracted with Southern Lithoplate Inc., to supply Viper 830® thermal plates for their Computer to Plate operation. The company has purchased two Glunz and Jensen Mark III Supreme 85 oven and processor lines to complement their installation

Larry Bixler, plant manager stated "we are happy with the cost savings and improved quality with the conversion to CtP. This will be a benefit for our advertisers and commercial print customers as well as the newspaper"

Steve Mattingly, Vice President of Sales and Marketing for Southern Lithoplate stated that "We are pleased to be able to provide our customers with high quality thermal printing plate products that meets or beats their expectations. We are gratified that the Paradise Post has chosen to print with Viper 830® plates".

About Southern Lithoplate, Inc.,

Southern Lithoplate Inc., headquartered in North Carolina, specialized in the manufacture, distribution, and service of analog and digital plates and associated products for targeted print markets. Southern Lithoplate enjoys a reputation for Quality, Value and Performance throughout the world. Southern Lithoplate provides customers with a full array of high quality, value priced products. Southern Lithoplate's service infra structure is designed to exceed the needs of their customer markets. Our state-of-the art

manufacturing facilities are located in Jackson Tennessee, and near the world renowned

Research Triangle Park in North Carolina, USA.

About the Paradise Post. (www.paradise post.com)

Paradise Post Printing, a division of the Media News group, publishes the 10,000

circulation Paradise Post newspaper three days a week. The company also prints

magazines and directories using heatset web, coldest web and operates a complete

bindery operation.

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